

SHUMEI: Who we are and what we do

Shumei is a spiritual fellowship dedicated to advancing health, happiness, and harmony for all humankind through applying the insights of our founder Mokichi Okada known within Shumei as Meishusama. Mokichi Okada taught that a world free of sickness, poverty, and strife could be achieved through an appreciation of art, a reverence for nature, and spiritual healing.

What is Jyorei?

Jyorei is a simple yet profound healing art in which spiritual light is focused on others. No physical contact occurs. Not only does Jyorei help to heal people, but it also promotes spiritual growth. Sharing Jyorei is an act of selfless giving in which the main reward to the giver is the satisfaction derived from helping others. Jyorei was developed by Meishusama in Japan in the early part of twentieth century. The word Jyorei means purification of the spirit.

How does Jyorei work?

Jyorei practitioners view spiritual clouds as the cause of sickness and unhappiness. These clouds are subtle impurities within our spiritual body that dull our awareness and damage our health. Jyorei removes spiritual clouds in much the same way that light dispels darkness. Jyorei is transmitted first to the forehead, which primarily promotes spiritual purification, and then to the top of the head, which induces physical purification. There is no need for a Jyorei give to diagnose the condition of the recipient, because the light goes straight to the source of his or her problem.

What are the benefits?

Some of the first and most common benefits that people experience from Jyorei are inner peace, physical comfort, and emotional balance. It also appears to reduce stress and show remarkable improvement, depending upon the amount of impurities that need to be removed. The ultimate purpose of Jyorei, however, is to increase overall happiness.

What does one feel?

Each individual response is different. Some people feel nothing. On the other hand, many people feel relaxed, see light, feel pressure and warmth, or experience tingling sensation in their head, fingers, or toes. Emotionally, people often feel love, joy, and serenity. Some people see various colours, and almost everyone feels rested and refreshed afterwards. However, whether a person experiences sensations or not, we believe Jyorei to be always beneficial.

Does Jyorei heal physical illness?

Many people have experienced considerable health improvements after receiving Jyorei regularly. However, the purpose of Jyorei is to create a more holistic sense of wellbeing, of which physical health is only one aspect. Whether a physical illness is reversed or not is a spiritual matter. Physical healing will only occur after the spirit has first been cleansed impurities. A complete cure will require healing all aspects of a person's life and experience, not just the removal of an outward physical symptom.

A New Life

Abridged testimonial by Muntanee Guntaliga (14 June 1958-14 July 2024)

Muntanee Guntaliga was born in Bangkok, Thailand. She became a member of Shumei Australia at Shumei's Sydney Centre on 3 November 2008. This is an abridged version of the testimonial she gave at Shumei's International Headquarters in Japan in May 2009.

"I moved to Australia in 1996, and for a long time I worked as an assistant accountant at a medium sized company. My life had been very smooth until mid 2007, when I began to notice that I was not feeling very well. I planned my mother to visit me from Thailand in January 2008 for three months. In March 2008, the doctor found cervical cancer and told me I would need an urgent operation in March or April. The doctor reported that the cancer had spread to lymph nodes and could not be removed.

In July 2008, I went to the Rozelle markets near my home, where I met a fellow named Yasunao who gave me Jyorei. I asked him to give Jyorei at my place and he came every day. After receiving Jyorei

for two weeks I noticed some changes in my health and outlook. I felt happier, healthier, and my body was very strong. Many of my friends noticed this change in me as well.

I had two Pap smear tests in October 2008 and January 2009, both results were negative. My cancer was gone. But the doctor recommended that I have a CT scan of my whole body, so I did last month [April 2009]. The CT scan confirmed that there was no cancer.

Since becoming a Shumei member, I have given Jyorei to my friends and mother. Many of them have been helped greatly by this blessing. I have noticed changes in myself as well. I feel that my life is protected. Since being introduced to Shumei, I have found a happiness that I never felt before and am free from suffering. I have been given a new life and am very happy."

JYOREI

Spiritual Healing



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