

RESTORE
Balance & Harmony

C H A K R A S



ROOT



SACRAL



SOLAR
PLEXUS



HEART



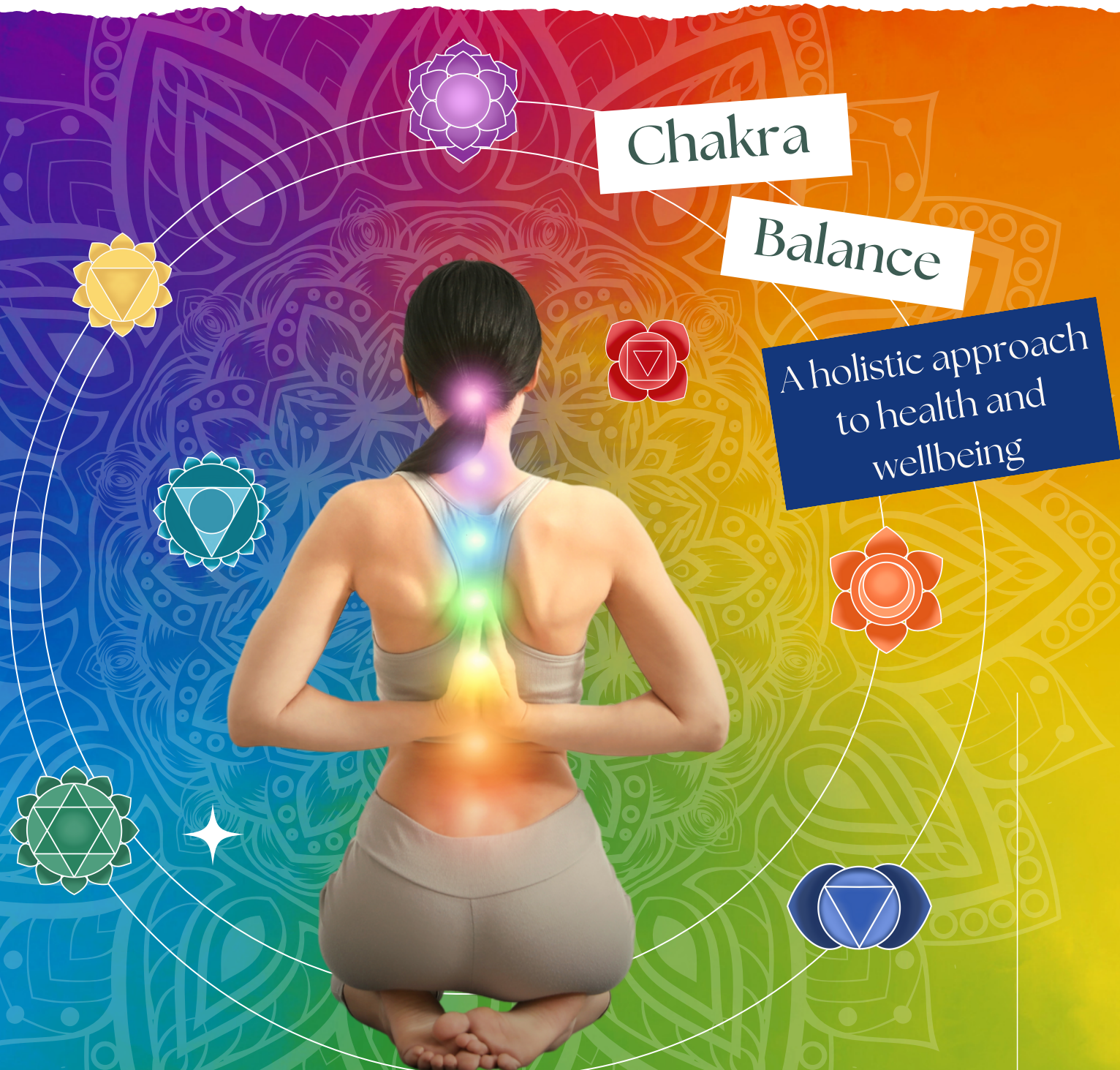
THROAT



THIRD EYE



CROWN



Chakra

Balance

A holistic approach
to health and
wellbeing

CHAKRA BALANCING EMPOWERMENT SERIES



Resources Include:

- 6 Week Online Classes
- Session Recording
- Online Portal
- Online Community
- Chakra Card Deck
- Body Balance Chart

Resources Available:

- Affirmation Card Deck
- Yoga Card Deck
- Astrology Card Deck
- Chakra Charts
- Crystal Kit
- Essential Oil Kit
- Smudge Kits
- Chakra Blend Oil Kit
- Chakra Dowsing Boards
- Chakra Coasters
- Tuning Forks
- Chimes & Wah Wah
- Crystal Bowls
- Practitioner Course, Charts & Resources

RESTORE
Balance & Harmony
CHAKRAS

Learn How to Restore Balance & Harmony to your Mind, Body & Spirit

6 Week Chakra Balance Series

- 🌿 Pendulum Dowsing
- 🌿 Understanding Chakras
- 🌿 Pendulum + Essential Oils
- 🌿 Pendulum + Crystals
- 🌿 Pendulum + Sound & Frequency
- 🌿 Complete Body Balance



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Empowered by Nature's PURE Gifts

Please note that the chart provided is for reference only and should not be used as a substitute for professional medical advice. The information provided is general and based on personal preferences for each category. It is important to be aware of the safety information regarding the use of essential oils to make informed decisions about your health. This guide is intended for educational purposes for both practitioners and individuals. However, If you have serious health concerns, please consult with your doctor.



Balance & Harmony

RESTORE

CHAKRA
BODY SCAN

A holistic approach to
health and wellbeing



Crown Chakra
Sahasrara
Spirituality
Connection to Source & Higher Self

Third Eye Chakra
Ajna
Awareness
Intuition Imagination

Throat Chakra
Vishuddha
Communication
Self Expression Authenticity

Heart Chakra
Anahata
Love & Healing
Compassion

Solar Plexus Chakra
Manipura
Power
Wisdom & Purpose

Sacral Chakra
Svadhishthana
Sexuality
creativity & emotional well-being

Root Chakra
Muladhara
Basic Trust
Survival, Security, Grounding, Family

There are various techniques that can be used to clear energy blockages
within the chakras Join our Online Community for more information:

Facebook Group | Restore Balance & Harmony to Your Chakras

