



*Healthy... Soulful... Eco-friendly*

*Pure, Non- toxic and Artistic  
Copper Bottles, Jars & Karafes*



**[www.kopper.com.au](http://www.kopper.com.au)**



**[support@kopper.com.au](mailto:support@kopper.com.au)**

---

*Save Health Save Nature  
... Say NO to Plastic ...*



### Benefits of Copper :

According to Ayurvedic principles, human body comprises of three doshas (energies) that define every person's body makeup. These biological energies found throughout the human body and mind govern all physical and mental processes and provide every living being with an individual blueprint for health and fulfillment. These energies are called – Vatta, Pitta and Kapha.

### Drinking copper infused water can aid in the copper intake required for healthy functioning:

- ➡ Copper helps balance the biological energies (Vatta, Pitta and Kapha) in a human body.
- ➡ Copper is Anti- bacterial, Anti- inflammatory and Anti- oxidant in nature and hence is extremely helpful to retain a healthy human body.
- ➡ It improves absorption of iron, which plays a key role in fighting anaemia.
- ➡ Copper is known to regulate the function of thyroid gland and helping in managing the thyroid condition.
- ➡ Infusion of copper in human intake assists in digestion and gut cleansing process.
- ➡ Copper also helps regulate blood pressure, heart rate and is beneficial in lowering bad cholesterol and triglyceride levels.
- ➡ Improves the production of new and healthy skin cells.
- ➡ Copper is essential for infant growth, bone strength and brain development.

Above listed are just a few benefits of copper. There are many more benefits that can aid in a healthy human body.

Best Practise to use Copper – Store water overnight in the Copper container/bottle and drink empty stomach.

Kopper containers are lacquered externally to avoid oxidization and let the container retain their beautiful finish and look. But as the containers are pure copper internally, they may oxidize when exposed to oxygen and create natural harmless stains. Below steps can assist clean your bottles thoroughly.

### How to clean Copper Bottles?

1. Squeeze 1 lime/lemon juice in a bowl.
2. Mix 1 tsp salt or bi-carb soda.
3. Pour the mixture into the container.
4. Stir the container with the mixture and leave for 15 mins.
5. Wash off the mixture with water.
6. Using a normal dishwasher liquid rinse the bottle with a bottle brush, sponge or Scotch Brite.
7. Rinse thoroughly with water 3 to 4 times.

*You can wash the copper container as per above instructions once a week and normal wash recommended daily*

**Warning :** 1. Do not use the copper bottles for any other liquids except water.  
2. Do not leave the salt & lime mixture into the copper bottle for longer period and rinse thoroughly before storing drinking water

**Save Health Save Nature ... Say NO to Plastic ....**