

WHAT'S IN IT?



CORDYCEPS

SHIELD & PROTECT

Cordyceps mushrooms are immune system modulators that help give your immune system the best support. The anti-inflammatory and antioxidant properties of cordyceps have shown to improve physical performance and encourage healthy vibrant skin. It has been used in traditional Chinese medicine for fatigue, sickness, kidney disease and low libido. ^(16,7)

1



LIONS MANE

CLARITY & WELLBEING

Lion's Mane has been studied to enhance mental clarity, clear up brain fog, protect brain function, boost mood and promote overall wellbeing. This mushroom has powerful anti-inflammatory and antioxidant properties to support healthy digestion, heart and circulatory systems. ^(1, 3)

2



ALSO INCLUDES:

- Turmeric
- Cloves
- Cardomom
- Nutmeg
- Ginger
- Chili
- True Cinnamon
- Whole Ground Vanilla
- Black Pepper



5

REISHI

BALANCE & HARMONY

Reishi may be able to do it all: restore balance to both body and mind. Traditionally Reishi has been used to reduce stress and anxiety and encourage better quality sleep. Reishi balances hormone levels, blood sugar levels and the immune system, plus, it may improve heart and liver function and fight cancer, allergies, and asthma. ⁽¹⁵⁾



4

CHAGA

ENERGY & VITALITY

Chaga's anti-inflammatory and antioxidant properties have demonstrated improvement in physical performance, endurance and sustaining your daily energy levels. This antioxidant powerhouse can restore gut health and promote healthy glowing skin. Chaga really is a nutrient dense superfood helping to balance cholesterol levels and prevent and fight cancer and viruses. ⁽¹²⁾



3

TURKEY TAIL

RESTORE & INVIGORATE

Research shows Turkey Tail feeds beneficial bacteria in the gut, prevents infections, regulates cholesterol, and combats cancer cells. New clinical trials have demonstrated that patients with certain cancers that consumed Turkey Tail have improved quality of life following surgery or chemotherapy, as well as extended survival rates. ⁽¹⁴⁾



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Our turmeric has
5% CURCUMIN

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. [©]Research references at mynaturesharvest.com

WAYS TO HAVE IT

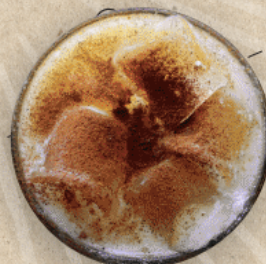
Classic



Smoothie



Hot Chocolate



Coffee

TRY IT ON YOUR FOOD

- OATMEAL
- POPCORN
- SOUP
- MUFFINS & COOKIES

For more recipe ideas scan the QR code below.



SHOW SPECIALS

SHOW SPECIALS					
35 SERVING PACK DEAL					
35 SERVE PACKS	DESCRIPTION	RRP	BUY 1 GET 1 50% OFF	BUY 2 GET 1 FREE	1 FREE 35 SERVE PACK
	TURMERIC LATTE MIX 35 SERVING PACK	\$20.00	\$30.00	\$40.00	WITH 125 SERVE PACK PURCHASE
	SHROOM MAGIC MIX 35 SERVING PACK	\$30.00	\$45.00	\$60.00	WITH 125 SERVE PACK PURCHASE
	MATCHA MAGIC MIX 35 SERVING PACK	\$38.00	\$57.00	\$76.00	
MIX AND MATCH					
 	TURMERIC LATTE MIX AND SHROOM MAGIC MIX 35 SERVING PACKS	\$50.00	\$40.00		
 	TURMERIC LATTE MIX AND MATCHA MAGIC MIX 35 SERVING PACKS	\$58.00	\$48.00		
 	SHROOM MAGIC MIX AND MATCHA MAGIC MIX 35 SERVING PACKS	\$68.00	\$53.00		
  	TRIOPACK SHROOM MAGIC MIX, TURMERIC LATTE MIX & MATCHA MAGIC MIX 35 SERVING PACKS	\$88.00		\$68.00	
  	2 TURMERIC LATTE MIX AND 1 SHROOM MAGIC MIX 35 SERVING PACKS	\$70.00		\$50.00	
  	2 TURMERIC LATTE MIX AND 1 MATCHA MAGIC MIX 35 SERVING PACKS	\$78.00		\$58.00	
  	2 SHROOM MAGIC MIX AND 1 TURMERIC LATTE MIX 35 SERVING PACKS	\$80.00		\$60.00	
  	2 SHROOM MAGIC MIX AND MATCHA MAGIC MIX 35 SERVING PACKS	\$98.00		\$68.00	
  	2 MATCHA MAGIC MIX AND 1 TURMERIC LATTE MIX 35 SERVING PACKS	\$96.00		\$76.00	
  	2 MATCHA MAGIC MIX AND 1 SHROOM MAGIC MIX 35 SERVING PACKS	\$106.00		\$76.00	