



SERVICE INFORMATION

Welcome to Balance to Bloom.

We believe that every child deserves the chance to thrive. Our team of dedicated therapists are committed to providing children and their networks with the support they need to reach their full potential.

We look forward to helping your child's potential bloom!



ADMINISTRATION@BALANCETOBLOOM.COM.AU

about us

Balance to Bloom provides inclusive therapy services to children between the ages of 2 and 18 in the Perth region and across Western Australia. We understand that every child is unique and requires tailored solutions that work in everyday settings, so our services are dedicated to understanding your child and working together to find life-long solutions that fit your routines.

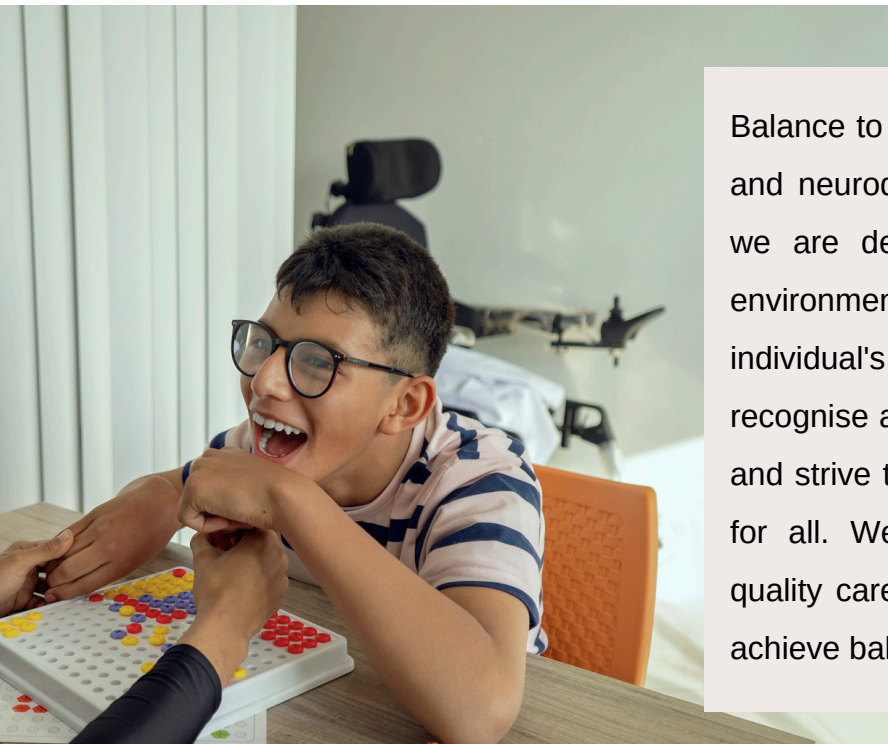
A bit about our history...

After working with children, caregivers and schools to support children with complex needs, I realised that so many children were being left behind because of one-size-fits-all therapy solutions that did not take into account for lifestyle, routines, passions, skills and existing knowledge. Children and their support communities were not being supported to find life-long effective solutions. So came Balance to Bloom, with the vision to meet children and their support networks where they are at. To build a generation of children living happy and fulfilling lives.

Our goal is and has always been to meet each person with empathy, to empower our clients by sharing our knowledge and passion for child development. All our therapists are here to support your journey, to learn, grow and bloom.

Isabelle Nash

**OCCUPATIONAL THERAPIST
AND OWNER**



Balance to Bloom prides itself on being a trauma informed and neurodiversity affirming therapy service. This means we are dedicated to providing a safe and supportive environment for our clients and tailor our approach to each individual's unique needs and experiences. We also recognise and celebrate the diversity of human experience and strive to create a space that is inclusive and affirming for all. We believe that everyone deserves access to quality care, and we are committed to helping our clients achieve balance, grow and bloom.

Our Services

All of our services are designed with children and their support networks in mind. Balance to Bloom works across home, school and community settings. Our therapists each have an area of passion which we foster to develop expertise. All Balance to Bloom supports appropriate for children with or without formal diagnosis or disability.

Individual and Family Therapy

Some of the supports we may provide to your family include:

- Assessment, recommendations and one-to-one therapy sessions with your child.
- Parent coaching sessions.
- Group or community-based therapy programs.
- Children and their families can access Balance to Bloom through a number of funding avenues including private, medicare, NDIS and more.

School and Early Childhood Services

Some of the supports we may provide directly to schools:

- School Programs run before, during or after school by us or by school staff with training and follow up.
- Staff support through professional development or ongoing school consulting memberships.
- School-Screening designed to assess students' skills, identify strengths and challenges that may be impacting school participation or performance.

Out of Home Care

Balance to Bloom have a number of specific supports for children who are living in out of home care. Some of the supports we may provide include:

- Assessment, recommendations and one-to-one therapy sessions.
- Home and environment set-up, to support children through the co-design of their space and routines.
- Transition support for teenagers across the preparation and transition phase.
- Group or community-based therapy programs.

Contact Information

Our Contact Details

Referrals are made via our website:
balancetobloom.com.au

+61 492 126 778
administration@balancetobloom.com.au

Administration is available Monday-Friday
8am-12pm for phone contact.

Administration may be available outside of these hours – however
these are our regularly scheduled administrative support hours.

Our service believes in meeting children in their natural environment. Currently all one-to-one services are provided in the home, school or community. Parent coaching may occur online. Group program location varies.

School services may occur at school or consultancy services are available online. We visit our rural and remote communities and schools in-person regularly to ensure our services meet your needs.

