



What does one feel?

Each individual response is different. Some people feel nothing. On the other hand, many people feel relaxed, see light, feel pressure and warmth, or experience tingling sensations in their head, fingers, or toes. Emotionally, people often feel love, joy, and serenity. Some people see various colors, and almost everyone feels rested and refreshed afterwards. However, whether a person experiences sensations or not, we believe Jyorei to be always beneficial.

A New Life

Abridged Testimonial by Muntanee Guntaliga

Muntanee Guntaliga was born in Bangkok, Thailand. She became a member of Shumei Australia at Shumei's Sydney Centre on 3 November 2008. This is an abridged version of the testimonial she gave at Shumei's International Headquarters in Japan in May 2009.

"I moved to Australia in 1996, and for a long time I worked as an assistant accountant at a medium sized company. My life had been very smooth until mid 2007, when I began to notice that I was not feeling very well. I planned for my mother to visit me from Thailand in January 2008 for three months. In March 2008, the doctor found cervical cancer and told me I would need an urgent operation in March or April. The doctor reported that the cancer had spread to lymph nodes and could not be removed.

In July 2008, I went to the Rozelle markets near my home, where I met a fellow named Yasunao who gave me Jyorei. I asked him to give Jyorei at my place and he came every day. After receiving Jyorei for two weeks I noticed some changes in my health and outlook. I felt happier, healthier, and my body was very strong. Many of my friends noticed this change in me as well. In September 2008, I returned to Thailand. I did this for a few reasons.

First, I wanted to visit two well known monks, one to help me with my cancer treatment, and the other to bless me for good luck. Secondly, I planned to move back to Thailand permanently, as someone had offered to sell me cheap land next to the temple in the northeast so I could build a house and in Bangkok, my body became weak again. I went to see the cancer specialist in a hospital to receive treatment. He injected a lot of vitamins through my veins. I went back again to see him three times, but



his treatment did not work for me. I could not stay in my mother's place because of the pollution. So I had to rent a nice home in the tropical garden isolated from the city. There I prayed to Meishusama in the mornings and afternoons. I then came to realize that Jyorei had produced the most powerful healing for me at that time. Without receiving Jyorei my body became very weak, even with all the vitamins I received.

I returned to Australia and on the day I arrived I contacted Yasunao and asked him to give me Jyorei. I looked very sick and was very weak. After receiving Jyorei every day for two weeks my body became strong again!

I had two Pap smear tests in October 2008 and January 2009, both results were negative. My cancer was gone. But the doctor recommended that I have a CT scan of my whole body. So I did last month [April 2009]. The CT scan confirmed that there was no cancer.

Since becoming a Shumei member, I have given Jyorei to my friends and mother. Many of them have been helped greatly by this blessing. I have noticed changes in myself as well. I feel that my life is protected. Since being introduced to Shumei, I have found a happiness that I never felt before and am free of suffering. I have been given a new life and am very happy."

What is "Jyorei"?

Jyorei is a simple yet profound healing art in which spiritual light is focused on others. No physical contact occurs. Not only does Jyorei help to heal people, but it also promotes spiritual growth. Sharing Jyorei is an act of selfless giving in which the main reward to the giver is the satisfaction derived from helping others. Jyorei was developed by Meishusama in Japan in the early part of twentieth century. The word "Jyorei" means "purification of the spirit".

How does Jyorei work?

Jyorei practitioners view "spiritual clouds" as the cause of sickness and unhappiness. These clouds are subtle impurities within our spiritual body that dull our awareness and damage our health. Jyorei removes spiritual clouds in much the same way that light dispels darkness. Jyorei is transmitted first to the forehead, which primarily promotes spiritual purification, and then to the top of the head, which induces physical purification. There is no need for a Jyorei giver to diagnose the condition of the recipient, because the light goes straight to the source of his or her problem.

What are the benefits?

Some of the first and most common benefits that people experience from Jyorei are inner peace, physical comfort, and emotional balance. It also appears to reduce stress and strengthen the immune system. Physical ailments can often show remarkable improvement, depending upon the amount of impurities that need to be removed. The ultimate purpose of Jyorei, however, is to increase overall happiness.