Menopause? Irregular Periods? **Thyroid Issues?** Hyperthyroidism? Bloated? Low Immunity? **Anxious?** Stressed? Trouble Sleeping? **Run Down?** Confused? Hard to Focus? Kidney Issues? **Liver Issues?** Tired? Lethargic?

Lacking Energy? Fatigue? 3pm Slump? **Unmotivated?** Depressed? **Poor Circulation? Poor Gut Health?** Sluggish Bowel? **Mood Swings?** Forgetful? Foggy Head? **Unbalanced? Joint Pain? Body Pain?** Inflammation? Fibromyalgia?