



About Our Products

Holy Sanity uses Ayurvedic principles to foster beauty, health and wellbeing in the most natural way possible.

Our products are Australian made, quality tested by professionals and trusted by our customers.

Vegan. Cruelty-free. Natural.



Testimonials

Manjish Elixir - Night Face Oil:

I am very impressed. This beautiful serum sinks into my skin so beautifully, the fragrance is incredible. It gives me an amazing glow and really works to keep the skin clear and soft! I have super sensitive skin and this really helps calm my skin of inflammation. I have repurchased I am so happy with it. It's so easy to keep a simple routine with this!

~ Samantha Patterson, Melbourne

Face Oils:

I find Holy Sanity products excellent and already recommended the products to my friend who is now using the products. I have psoriasis on my face and the face oils greatly soothes my face and now you can hardly see the redness in my at all.

~ Coralie Lifu - NSW



Why Ayurveda?

Ayurveda is a natural and holistic approach to living that promotes health and wellbeing.

Get In Touch

Unit 2/16 The Link, Mill Park VIC 3082
yourfriends@holysanity.com.au
www.holysanity.com.au
1300 465 972



holysanity



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Beauty Skincare

Beautiful skin starts here

Grounded In Ayurveda

Ayurvedic Serums



Saffron Glow Day Face Oil 50ml



In Ayurveda, Saffron is grouped under “Varnya Gana” (skin rejuvenator) the category of herbs that are known to give the skin a warm, glowing complexion.

How to use:

After cleansing your face, take 3-6 drops of oil in your palm. Dab on your face and neck and spread evenly. Massage the face and neck in upwards and outwards strokes and forehead in circular strokes until the oil is fully absorbed.

Why you'll love our Saffron Glow

- Evening out skin tone & texture
- Protection against UV radiation to fight early skin ageing
- Helps fight oxidative stress & inflammation
- Supports wound healing

How to use:

After cleansing your face, take 3-6 drops of elixir in your palm. Dab on your face and neck and spread evenly. Massage the face and neck in upwards and outwards strokes and forehead in circular strokes until absorbed.

Why you'll love our Manjish Elixir

- Brightening & lightening of skin tone
- Evens out skin texture
- Gentle purification & detoxification of the skin
- Soothes inflammation & dryness
- Supports wound healing

How to use:

Gently warm 10-20 drops and apply in a gentle circular motion over the body, particularly in sore or tender spots. **Night time routine:** After gently warming oil between the palms, massage the jawline, then into the soles of the feet and toes in a gentle, soothing manner to promote restful sleep.

Why you'll love our Ashwagandha oil

- Promotion of healthy skin & muscle
- Calming of the nervous system
- Support for muscle pain & poor circulation

Ashwagandha Body Massage Oil 50ml



This deeply penetrating body oil is used to promote calmness and the building of mental & physical strength.

Brahmi Hair Elixir 50ml



Deeply nourish your hair & scalp with this unique blend of Brahmi & Amla suitable for hair, beards and body hair.

How to use:

Before washing hair, gently massage your scalp in circular motions with a small amount of Brahmi Hair Elixir. Work your fingertips rhythmically and gently from the crown of your head toward your ears and the base of your skull (where your neck begins).

Leave it on for at least 30 minutes before washing. For deep conditioning, you can leave longer or even overnight. Wash hair with a herbal/mild shampoo. Comb or brush your hair once it's dry.

For leave-in use: Brahmi hair oil is lovely for a leave-in treatment for dry & split or fly-away hair. Use one or two drops warmed in the palms and smoothed over the ends of hair.

Beard or body hair oil: A few drops warmed between the hands and worked gently over beard or body hair for soft, smooth & healthy growth.

Why you'll love our Brahmi Hair Elixir

- Promote the growth of healthy, strong hair from the root down
- Prevent excess hair loss by deeply nourishing the scalp with complex vitamin & mineral formula
- Inhibits premature greying
- Relief of scalp conditions such as psoriasis and eczema
- Helps prevent sun damage to hair & scalp