

Discover  
*The Horse's Gift...*



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*Julie is a certified EFEL facilitator. She trained in America with one of the first instructors of Eponaquest worldwide, created by Linda Kohanov. It was founded in 1997 and is now represented in 5 continents.*

*Julie believes in this approach as she experienced it for herself and found it so powerful, that she knew it would benefit all and made it her purpose. Her love for horses and faith in human potential is at the core of all the activities she offers.*



*A Pathway to Joy*

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**NO HORSE EXPERIENCE REQUIRED**

## What If?

- *What if you could manifest more joy and abundance in your life through the way of horses?*
- *What if you could feel more relaxed, grounded, confident, safe, loved and connect to all that surrounds you?*
- *What if you could then inspire yourself, your family, friends and colleagues to better communicate, create, and become greater human beings and leaders?*
- *What if you could, at the same time, spend a few days in one of the most astonishing location in Australia, surrounded by sacred Mountains, lakes, endless beaches, stunning forests, wildlife, heritage villages, delicious local produce and much more?*
- *What if you decided to offer yourself the Horse's Gift?*



***Make your wish a reality now!***

*Join us on our well being workshops and retreats and discover the life-changing Gift of Horses.*

## Horses Can Show Us A New Path

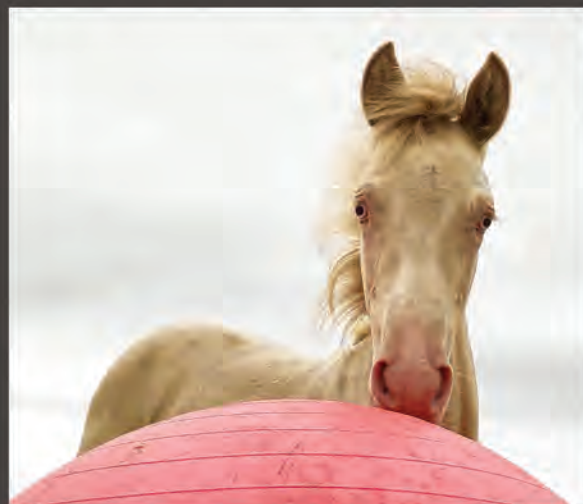
*The Horse's Gift is based on Equine Experiential Learning (EFEL). It is a leading-edge modality for developing human potential. The process of learning through experience, and more specifically learning through reflection on interacting with the horses or simply being with them.*

*It is a powerful and effective approach that has a lasting impact on individuals, couples and groups.*

*It can benefit those that wish to experience more joy and also those affected by depression, anxiety, stress, dysfunctional relationships, burn-out, post-traumatic disorder, low self-esteem, lack of confidence, fear etc..*

*"Just Be-ing with these sentient beings provides a sense of peace, allowing you to quiet your mind. Then clarity and inner guidance can flow, you enhance the ability to tune into your non-verbal intelligence and you move towards a life in balance"*

***All the work is done safely from the ground, no horse experience is required.***



## Testimonials



*"I can sincerely say I loved the entire experience. Never being around horses in the past, I actually was afraid of them, I have now a clear admiration for these magnificent creatures. I feel the day offers people the opportunity to not only connect with a beautiful animal but also the opportunity to connect with themselves"*

*"What a treat to the soul to experience!! I dived right into my emotions by bonding with the horses and it brought lots of clarity for me in regards to my relationships at work and with myself. THANK YOU"*

*"Through Julie's guidance I was able to connect my inner voice through the wisdom of my body and communicate with each of the horses... From here I was introduced to some tools that have changed my life. My experience with The Horse's Gift was enlightening and sacred beyond measure. Julie Thank you for who you are and what you bring to this world, and especially your darling Horses!!!"*