

ICR8 SAFETY 2024 PROGRAM OVERVIEWS

Our program overviews provide insight into the **why** and **how** we contribute to creating safer spaces for all.

Each program is built around a short story or poem allowing for insight into what you will learn.

Email info@icr8safety.com or visit us at www.icr8safety.com to learn more.

THE EMOTION SERIES

Learn how to work with your emotions in a simple, clear way with our monthly online sessions and guided templates. 3 options exist so that you can choose what works best for you.



SAFE IN YOUR SELF

Our signature program takes you through what it means to be Safe In Your Self. Work through the patterns from your past with guided tools and templates that allow you to make different decisions and bring change into your own life with clarity and Purpose.



GROW OUR FAMILY TOGETHER

Our program for families allows individuals to explore core values and share what they mean to each family member. Imagine what you could learn about yourself and your loved ones.



SAFE LEADERS CREATE SAFE SPACES

This flagship program is designed to guide Leaders through what true psychological and emotional safety is about, how to establish it and how to ground it within themselves and encourage it within their teams.



GROWING TEAMS TOGETHER

Our program for teams is about helping individuals within a team to learn more about themselves and each other in order to connect, reconnect and re-establish who you are as individuals and as a team.



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