

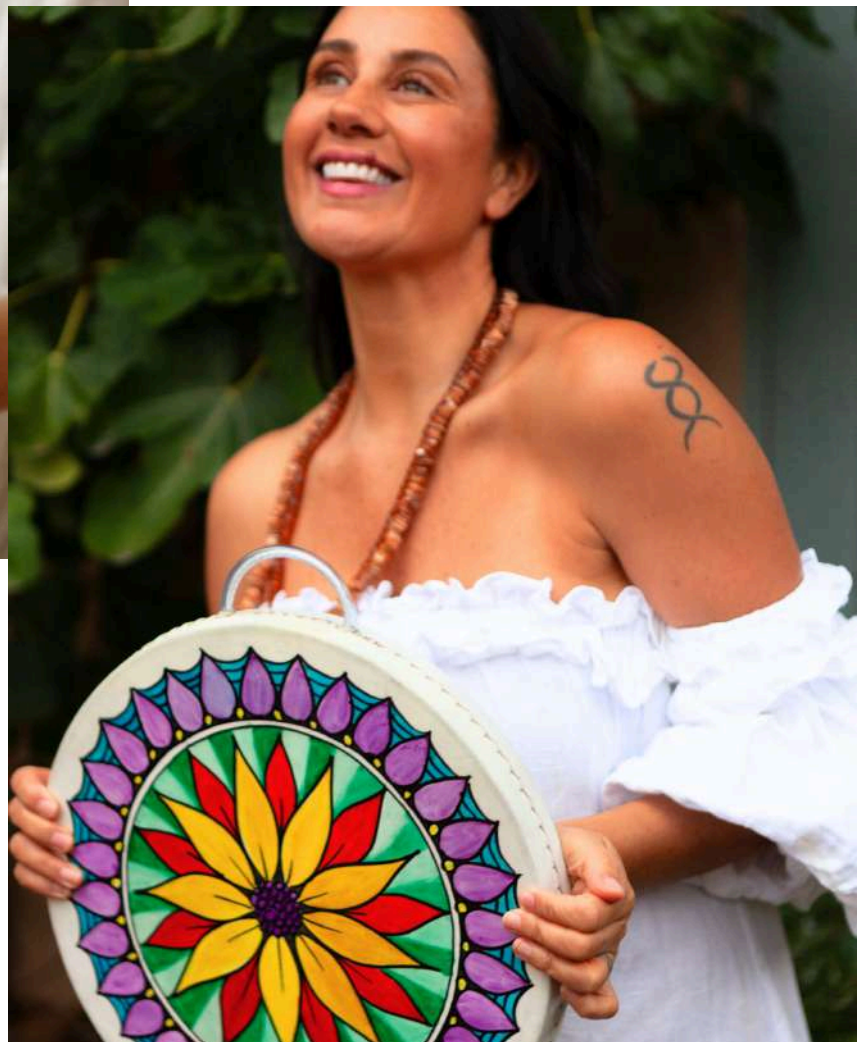
# THE TRANSFORMATIVE POWER OF SOUND HEALING



Sound therapy is built on the idea that our brains and bodies operate on various frequencies in order to grow, consolidate information, and heal.

We can create sound vibrations at similar frequencies to encourage these beneficial states of being.

Similar to meditation, we are trying to teach our brains to access those healing frequencies, using traditional methods.



# SOUND HEALING INSTRUMENTS



## CLASSIC SINGING BOWLS

Authentic Himalayan bowls.  
Hand Hammered from a  
special 5-metal alloy

- 12cm \$165
- 15cm \$199
- 20.3cm \$290
- 23cm \$380
- 25cm \$490



## VAJRA BELL

A meditation bell, commonly  
used in tantric Buddhism

- Small \$59
- Medium \$69
- Large \$79

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## TINGSHA CYMBALS

Traditionally used in Tibetan  
Buddhist practice

- Cymbals \$44



## CEREMONIAL GONGS

Traditional gongs, hand  
hammered from a  
special 5-metal alloy

- 36cm \$350
- 40cm \$440
- 46cm \$499
- 50cm \$660



## Seedpod Chime

### SEEDPOD CHIME

As this chime gently sways in the breeze, it produces delicate, earthy tones, creating a tranquil and meditative soundscape

**Chime \$99**

### SEEDPOD RATTLE

Meticulously created from Kenari seed pods and woven jute. The Seedpod rattle produces a cascade of rain-like notes

**Rattle \$35**



### STEEL TONGUE DRUM



When a tongue is struck with the finger or mallet, it vibrates, creating sound waves

**Drum \$299**

**Mallets \$12**

8 different tunings

### MINI STEEL TONGUE DRUM



Pocket sized. Comes with drawstring bag, song book, mallets, and rubber finger rings

**8 note C Pentatonic \$69**

**11 note C Major \$89**

4 different colours

## SHAMANIC FRAME DRUM (MEDICINE DRUM)

One of the oldest known  
musical instruments.



### Felt handle

S \$150 M \$189 L \$220 XL \$275

### With a bag add-on

S \$177 M \$220 L \$253 XL \$314

### Hide handle

M \$200 L \$240 XL \$295

### With a bag add-on

M \$231 L \$273 XL \$334

## SHAMANIC FRAME DRUM (KIT: BUILT YOUR OWN)

Everything you need to build  
a medicine drum using  
traditionally-inspired techniques.



S \$100 M \$125 L \$145 XL \$160

### With a mallet add-on

S \$118 M \$143 L \$163 XL \$178



**Ocean Drum**

## OCEAN DRUM

The beads inside roll over like  
water rolling over the shore.

Different speeds produce  
different sounds. Stopping and  
starting suddenly creates  
crashing wave sounds

**Small** \$70

**Medium** \$88

**Large** \$102

**XL** \$116

# Rain Stick



## RAIN STICK

Mimics the sound of rain. Features a beautiful bamboo structure with various water and animal designs

- Small (20cm) \$22
- Medium (60cm) \$40
- Large (100cm) \$58
- XL (120cm) \$80

## THUNDER DRUM

Creates a continuous resonance, resulting in a sound very much like thunder

Drum \$25



## HANDPANS

Played by hand, it has a rich, intimate sound, full of emotion

Master Series \$2490

Stainless Steel \$2850

## HANDPAN CASE



Available in variety of colours

Padded Batik \$120

Hardcase \$265

# Handpans



## INDO DJEMBES

Drums for all ages and sizes!  
Made from Eco-friendly mahogany

30cm (6") Mini djembe \$43

40cm (6.75") Junior \$71

40cm PLUS (8.75") Junior \$102

50cm (9") All rounder \$132

60cm (11") Classic \$222

60cm PLUS (12") Classic \$262



## KALIMBA (THUMB PIANO)



Hand-crafted in Burkina Faso,  
producing warm and soulful melodies

**Kalimba \$28**



## ANKLE & WRIST SHAKER



The natural seed pods create  
a pleasant, watery sound

**Single \$12**

**Set of 10 \$100**



## Indo djembes

## ANKLE BELL



Melodic and sweet sounding  
quality brass bells

**Small \$28**

**Medium \$35**

**Large \$40**

## GET IN TOUCH

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