



# *Sound Therapy*

TUNE INTO SOUND WELLBEING  
PODCAST

---

SOUND LOUNGE

ANXIETY | ADHD  
BODY PAIN | STRESS

---

TUNING FORKS

SHOP FOR SELF USE

---

TRAINING

PRACTITIONER

---

FREE WORKSHOPS

SOUND WELLBEING

---

SESSIONS

IN PERSON + DISTANCE

---

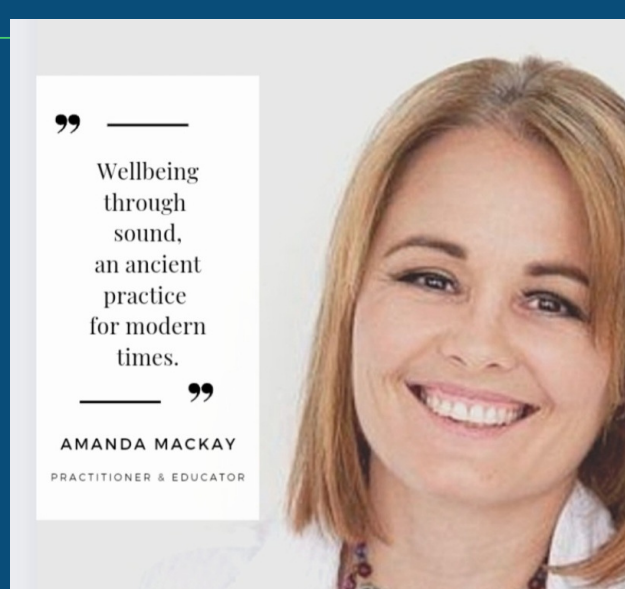
We would love to hear from you!  
Email for more information at  
[hello@biofieldbeing.com.au](mailto:hello@biofieldbeing.com.au)



[biofieldbeing.com.au](https://biofieldbeing.com.au)

*"Visiting you has been such a gentle healing experience, the tuning shifted off the daily anxiety and panic attacks, finally being able to access the clarity and knowing of who I truly am to be able to steer myself to my path."*

**E.P. - BRISBANE**



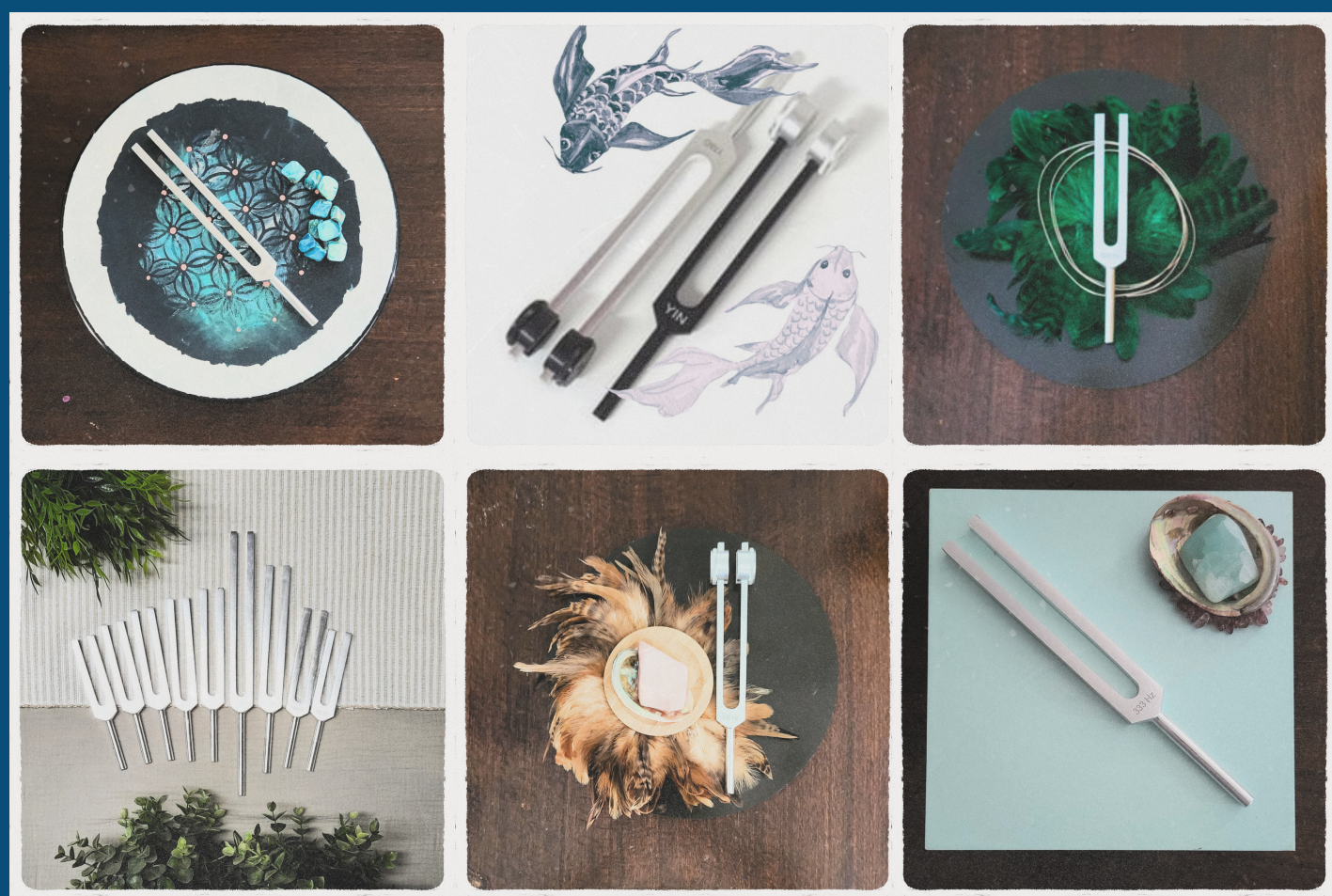
*"It felt like a lot of stuff came up for balancing and you seem quite masterful at dealing with it, like a conductor of an orchestra."*

*David B. Old*

*"My tuning session with Amanda was AMAZING! Since there are no practitioners in my local area, I knew I would have to work with someone at a distance. I didn't know what to expect, but the experience was every bit as effective as an in-person session could have been... if not more so. I believe Amanda's intuitive ability, compassion, and knowledge are capable of traversing the ether, regardless of distance. She responded to and managed the shifts in my energy seamlessly.*

*All the while, maintaining the space for my personal processes to unfold. I am grateful to her for the gifts she shares through her practice."*

*Heather B., South Carolina, USA*



***"After seeing Amanda for 6 sessions I was amazed at the reduction in my anxiety levels and the improvement in my flexibility. As all of the muscles around my torso released (poses, diaphragm, and all around the ribs) I can take deeper breaths, and can move more deeply into yoga poses I never thought I would get into. Amanda's calm voice and demeanour along with some excellent insights and the sound work provide noticeable benefits. I wouldn't hesitate to see her again."***

***Sam, Brisbane.***

[hello@biofieldbeing.com.au](mailto:hello@biofieldbeing.com.au)

[biofieldbeing.com.au](http://biofieldbeing.com.au)