

Unique Meditation Stools

I am proud to offer these unique and totally adjustable meditation stools hand-made from solid wood.

The stool pivots to a position that suits your personal posture during meditation and can be locked to that position to provide support and comfort during your mediation.



Unlike other stools that need joints, hinges or small screws, this meditation stool has steel bolts at either end to give strength and is made from two layers of wood laminated together for strength and durability.



These meditation stools allow you to spend a longer time meditating without your back becoming sore and tired from slumping and your legs cramped from lack of blood and nerve compression.

Better posture during meditation allows better meditation.

To use this stool, slightly loosen the handles at either end. Then kneel down and place the stool over your ankles. As you lower yourself onto the stool, the seat will pivot to allow your perfect meditating posture. When it is in a comfortable position, **tighten** the handles and it will support your position for as long as you want to meditate.

The meditation stools are very strong and made from plantation grown Pinus Radiata. The standard size is about 55 cm wide, 19 cm deep (from front to back). I can also make a longer or wider version for those who need it. This is unique in meditation stools, as they are usually a fixed size.

I have designed this stool to be as versatile as possible and it can be made to any width or height to accommodate for nearly any sized individual.



The stools come in two different finishes, with each type being varnished with two coats of clear polyurethane to allow for durability and strength.



The options are **natural** (varnished) or **stained** (stained with a walnut coloured stain and then varnished)

The side legs can be made in different sizes to allow for any sized individual to use the stools, with the standard size being the medium size. The different leg sizes are **small** (17 cm tall), **medium** (19 cm tall) and **large** (21 cm tall).



The legs or seat can also be carved with a symbol of your choice as a decoration or meditation mantra symbol. This can allow personalisation of your stool. The symbol is carved into the wood, painted black (or any colour) and then varnished.



When you have finished meditating, the stool disassembles for easy storage.

Order Form

Name		Date: / / 2023
Address:	Suburb:	Postcode:
Phone:	Email:	

Meditation stools (for kneeling during your meditation)



		Small leg (17 cm)	Medium leg (19 cm)	Large leg (21 cm)
Natural		\$60	\$80	\$100
Stained		\$80	\$100	\$120

Optional carved symbols

Custom designs can also be carved – contact me to discuss your preferred design.



Location: seat (\$30 extra) legs (\$40 extra)

Other details:
