

PRODUCT RANGE 2023





10 MUSHROOM FORMULA

OPTIMISE WELLBEING

BENEFITS

A curation of 10 carefully selected and potent functional mushrooms revered in Traditional Chinese and Tibetan folk medicine. The Organic 10 Mushroom Formula contains mushrooms with a notoriety for positive effects. It is presented and sold as a vitality tonic related to:

- + Immune response
- + Recovery
- + Sustained energy

Available in a violet glass jar (100g) or bulk resealable pouch.



FARMING & HARVESTING

These 10 noble organisms are all cultivated using wild and traditional hardwood growing methods and extracted using a dual hot water process to maximise beneficial polysaccharides (β -glucans).

INGREDIENTS

We maximise the β -glucans and blend our 10 Mushroom Formula powder using organic extract and whole mushroom powder including Turkey Tail, Cordyceps militaris, Maitake, Tremella, Chaga, Lions Mane, Shiitake, Cloud Ear, Zhu Ling and Oyster.

SERVE INFORMATION

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each serve (2g) gives the equivalent to dry 4.3g.
- + 50 serves per jar.

ORGANIC LION'S MANE

FOOD FOR THOUGHT

BENEFITS

Lion's Mane mushrooms, also known as Hou Tou Gu in Chinese medicine, have been associated with cognition, focus, concentration, and memory for centuries. This distinctive looking mushroom is seen as nootropic and has also been celebrated for aiding the immune system and digestive disturbances.

Available in a violet glass jar (100g) or bulk resealable pouch.



FARMING & HARVESTING

Our Lion's Mane fruiting bodies are sourced from an organic farm in Gutian County, Fujian Province grown and harvested from December to March. To maximise the active components we use the traditional hardwood growing method.

INGREDIENTS

We blend our powder using Lion's Mane 8:1 hot water extract > 20% β-glucans and Lion's Mane whole mushroom powder to provide the balanced complexity of all the active compounds

SERVE INFORMATION

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each serve (1.8g) gives the equivalent to dry 4.3g.
- + 55 serves per jar.

ORGANIC CORDYCEPS MILITARIS

ELITE PERFORMANCE







BENEFITS

Cordyceps mushrooms were originally eaten by the mountain people of Tibet who used them to increase sexual performance, libido and physical stamina. Studies have found they can boost energy and oxygen use during exercise. It is a primary JING herb and is believed to be a potent antioxidant and anti-inflammatory. Research has demonstrated promising findings relating to anti-aging and decreasing inflammation.

Available in a violet glass jar (100g) or bulk resealable pouch.



FARMING & HARVESTING

We use premium Cordyceps militaris sustainably sourced from an organic farm in Inner Mongolia. Our fruiting bodies are carefully grown all year round on organic fermented rice grain.

INGREDIENTS

We blend our powder using Cordyceps militaris 8:1 hot water extract > 15% β-glucans and Cordyceps militaris whole mushroom powder to provide the balanced complexity of all the active compounds.

SERVE INFORMATION

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each serve (1.7g) gives the equivalent to dry 4.1g.
- + 58 serves per jar.

ORGANIC CHAGA

KING OF MUSHROOMS



BENEFITS

Harnessed by the Mesopotamians, Egyptians, and Chinese cultures for over 4000 years, Chaga has a storied history to aid digestion. Like other mushrooms, Chaga has also been used to support the immune system and as an anti-inflammatory. Its antioxidants could slow the aging process or reverse signs of it. Chaga is also loaded with potassium. Having a great taste, this is often referred to as a replacement for coffee, or a product to be used for those detoxing from coffee.

Available in a violet glass jar (80g) or bulk resealable pouch.



FARMING & HARVESTING

Our mountain Chaga mushrooms are wild grown all year round on white Birch trees. Our Chaga is ethically and sustainably sourced from the Jilin and Northwest Heilongjiang Provinces.

INGREDIENTS

We blend our powder using Chaga 8:1 hot water extract > 5% β -glucans and Chaga whole mushroom powder to provide the balanced complexity of all the active compounds.

SERVE INFORMATION

- + Stir into hot water as a tasty coffee replacement or add to drinks or food.
- + Each serve (1.3g) gives the equivalent to dry 4.9g.
- + 61 serves per jar.

ORGANIC TURKEY TAIL

ENERGY FORCE





BENEFITS

Turkey Tail is a vibrant multi-coloured mushroom that is highly valued in traditional systems for its immune boosting properties. Well known for its strengthening qualities and ability to boost life force. Turkey Tail is classified as a Qi (vital energy) and Jing (genetic integrity) tonic in TCM and is believed to perform well when it comes to warding off fatigue.

Available in a violet glass jar (90g) or a bulk resealable pouch.



FARMING & HARVESTING

We have full traceability to where the Turkey Tail mushrooms are wild grown on hardwood all year round in the Fujian and Jilin Provinces.

INGREDIENTS

We blend our powder using Turkey Tail 12:1 hot water extract > 40% β-glucans and Turkey Tail whole mushroom powder to provide the balanced complexity of all the active compounds.

SERVE INFORMATION

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each serve (1.4g) gives the equivalent to dry 6g.
- + 64 serves per jar.

ORGANIC TREMELLA

BEAUTY GLOW



🔿 SKIN 💎 BEAUTIFICATION 🔆 RADIANCE

BENEFITS

Tremella has been a Yin beauty ingredient for centuries, used for skin complexion, suppleness, radiance, and moisturising. Tremella may promote the regeneration of endogenous collagen and protect the skin structure from damage caused by ultraviolet rays. It has also been studied for its antiinflammatory and antioxidant properties. Tremella may also boost your immune system and provide an anti-fatigue effect. It is also a Ying lung and stomach nourishing herb.

Available in a violet glass jar (100g) or bulk resealable pouch.



FARMING & HARVESTING

Our Tremella have been sourced from an organic farm in Gutian County, Fujian Province. They are grown on hardwood and harvested from October to May.

INGREDIENTS

We blend our powder using Tremella 8:1 hot water extract > 15% β-glucans and Tremella whole mushroom powder to provide the balanced complexity of all the active compounds

SERVE INFORMATION

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each serve (1.6g) gives the equivalent to dry 3.8g.
- + 62 serves per jar.

ORGANIC MAITAKE

DANCING MUSHROOM

BENEFITS

Maitake mushrooms have long been used in Asian cultures as a tonic to relax, ease tension and improve vitality. Ancient foragers literally danced for joy upon finding Hui Shu Hua in the woods. It's an adaptogenic, which may help to regulate the body when it's under stress, providing both physical and mental relief. Research also suggests that Maitake may help lower blood sugar.

Available in a violet glass jar (100g) or bulk resealable pouch.



FARMING & HARVESTING

Our Maitake fruiting bodies have been sourced from Zhejiang Province. We have full traceability to the farm where the mushrooms are grown using the traditional hardwood growing method and harvested in April and October.

INGREDIENTS

We blend our powder using Maitake 8:1 hot water extract > 20% β-glucans and Maitake whole mushroom powder to provide the balanced complexity of all the active compounds.

SERVE INFORMATION

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each serve (2g) gives the equivalent to dry 4.8g.
- + 50 serves per jar.

ORGANIC REISHI

ENERGY & SPIRIT

BENEFITS

Known as Ling Zhi in Chinese Medicine, which means "Spirit Plant".

In traditional Chinese medicine it has beneficial indications to tonify the blood, strengthen the lungs, nourish the heart, calm the spirit (Shen) and help with coughs and expelling phlegm. As an adaptogen, Reishi mushrooms may help regulate your nervous system, so it adapts and manages stressors better, support your energy levels and help with stress. According to herbalists, it strengthens the immune system and acts as a liver tonic.

Available in a violet glass jar (90g) or bulk resealable pouch.



FARMING & HARVESTING

We use the very best fruiting bodies sourced from Zhejiang Province. We have full traceability to the farm where the mushrooms are grown on beechwood and usually harvested in September.

INGREDIENTS

We blend our powder using Organic Ganoderma lucidum 15:1 hot water extract > 20% β -glucans and Ganoderma lucidum whole mushroom powder.

DOSAGE

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each daily dose (1.85g) is equivalent to dry 5.35g.
- + 48 doses per jar.

AUST L 400863

ORGANIC ASHWAGANDHA

ADAPTOGEN



STRESS - REJUVENATE OF LIBIDO



BENEFITS

Ashwagandha (Withania somnifera) is a highly respected restorative tonic herb. Traditionally used in Ayurvedic medicine, it promotes balance in the body. It helps the body adapt to stressful conditions, supports the nervous system, and improves sleep. It is used to maintain a healthy libido, as a rejuvenate tonic and to relieve feelings of general debility. It also promotes enhanced memory and cognitive function. Studies have also found it promotes endurance, strength, muscle size and muscle recovery.

Available in a violet glass jar (100g) or bulk resealable pouch.



FARMING & HARVESTING

We blend using a KSM 66® Withania somnifera, a root extract, sourced from a native growing location. It is extracted to a 12.5:1 concentration ratio using a patented "Green-Chemistry" process that does not use alcohol. Our producer has farms in the semiarid region of Rajasthan, India, production facilities, testing laboratories and a research centre.

INGREDIENTS

We blend our powder using Organic KSM-66® Withania somnifera, 12.5:1 root extract and Organic Withania somnifera root powder.

DOSAGE

- + Stir into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + Each daily dose (2.2g) is equivalent to dry herb
- + 45 does serves per jar.

AUST L 400862

ORGANIC HIMAI AYAN SHII AJIT

TRACE MINERAL COMPLEX

BENEFITS

Shilajit is a rejuvenating Ayurvedic tonic sourced from rocks high in the Himalayas, sometimes referred to as "The Destroyer of Weakness". As well as a complete array of trace minerals, it contains Fulvic & Humic Acid, which may enhance other nutrients' synergistic effect. It is believed to be a true source of primal nutrition, strength, and stamina. This powerful mineral complex is believed to rejuvenate the body, neutralise free radicals, and counteract adrenal over stimulation and exhaustion.

Available in a violet glass jar (100g) or bulk resealable pouch.



INGREDIENTS

Our Shilajit (Asphaltum) powder is rock exudate that has been wild collected. The rock exudates are 100% water extracted to a dry powder and our laboratory testing procedure remains consistent for each batch produced. This helps us ensure it contains key trace minerals and is free from heavy metals, pesticides, and microbiological contaminants.

DOSAGE

- + Stir 1.5g into hot water, or can be added to drinks, nourish bowls baking or raw treats.
- + 60 serves per jar.

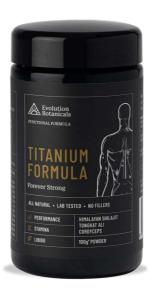
TITANIUM FORMULA

FOREVER STRONG

BENEFITS

Harness the power of this meticulously formulated stack to elevate your strength and fortify your endurance. Includes three of the world's most effective strength and libido minerals, mushrooms, and tonic herbs. Shilajit is referred to as "The Destroyer of Weakness", Cordyceps militaris originally taken for physical stamina and Tongkat Ali traditionally consumed for testosterone balance, endurance, strength, and sexual function.

Available in a violet glass jar (100g) or a bulk resalable pouch.



INGREDIENTS

We blend the Titanium Formula powder using: Organic Himalayan Shilajit trace mineral complex, Organic Cordyceps militaris extract mushroom powder > 15% β -glucans, Tongkat Ali (Eurycoma longifolia) root powder, Standardised 25:1 Extract, Eurycomanone 1%.

DOSAGE

- + Stir 1.9g into hot water or can be added to smoothies, proteins, or juices.
- \pm 52 serves per jar.

TONGKAT ALI

LONGJACK PLANT

✓ STRENGTH

✓ ENDURANCE

✓ LIBIDO

BENEFITS

Tongkat Ali is often referred to as "The Malaysian Ginseng" and is an important tonic herb. Consumed traditionally for various purposes, and especially for testosterone balance, endurance, strength, and sexual function. Tongkat Ali's reputation as an aphrodisiac has led to its continued use throughout the centuries. Eurycomanone is believed to be the key compound and we standardise our extract to 1% Eurycomanone.

Available in a violet glass jar (50g) providing 100 serves or a bulk resalable pouch.



INGREDIENTS

We use the very best quality Yellow Tongkat Ali (Eurycoma longifolia) root powder, Standardised 25:1 Extract, Eurycomanone 1%. It has been sustainably sourced in Malaysia and a third-party laboratory testing procedure remains consistent for each batch produced. The bitter taste can be attributed to the presence of various bioactive compounds and secondary metabolites that are naturally present in the plant.

DOSAGE

- + Stir 0.5g into hot water or can be added to smoothies, proteins, or juices. People tolerate the bitter taste.
- + 100 serves per jar.

EVOLUTION BOTANICALS

Evolution Botanicals is a trusted source for quality medicinal mushrooms, super minerals and adaptogens. We offer pure, organic, botanical ingredients and ensure the strength of our products.

We are grounded in traditional wisdom and believe in the new science of eating well and lifestyle medicine. We want people to choose botanicals to enhance wellness before they need pharmaceuticals to treat illness.



OUR FUNCTIONAL MUSHROOMS

The medicinal properties of many species of mushroom have been valued and utilised in traditional Chinese medicine for centuries. There are now hundreds of studies that support the use of mushrooms medicinally to help improve our overall wellness, boost energy and stamina, reduce stress, rebalance the gut microbiome, enhance memory and cognition, support immunity, promote longevity, and more.

The reason Evolution Botanicals mushroom extract powders are the best:

- + Ingredient Traceability
- + Highest Quality Fruiting Bodies
- + Good Manufacturing Practice
- + Full Spectrum Approach
- + Consistent Laboratory Process and Testing
- + Contain Key Active Components (including β-glucans)

ORGANIC PLANT PROTEIN + FUNCTIONAL MUSHROOMS





See our separate Evo+ Protein brochure or website for details.

FULLY TRACEABLE INGREDIENTS



Choosing high-quality raw materials and knowing where our ingredients come from is important to us. For thousands of years, China has been farming mushrooms as a food source and for traditional Chinese medicine. They have multiple research laboratories dedicated to medicinal mushrooms and their benefits.

They now produce some of the finest mushrooms available in the world.

Nevertheless, it is essential to choose reputable mushroom growers who can guarantee quality. Using traditional hardwood growing methods, our premium fruiting bodies are ethically and sustainably grown on fully traceable pristine certified organic farms in several rural provinces. Our mushroom powders are also Vegan Friendly, Free from Soy, Gluten, Dairy and Non-GMO.

INTERESTING FACT:

The starch content of poor-quality mushrooms can be as high as 75%.

FULL SPECTRUM



We take a full spectrum approach to crafting our mushroom extract powders.

We carefully blend extract and whole mushroom powder to provide a balance of all the available key active chemical compounds including the beneficial β -glucans.

Lots of research is now focused on beta-glucans (β -glucans) as a critical active component.

100% FRUITING BODIES



We use 100% fruiting bodies of the very highest standard. They have high levels and variety of active compounds including beneficial β -glucans. We ensure the grade, purity, and consistency of every harvest.

DID YOU KNOW:

Other mushroom extract powders use Mycelial biomass (Mycelium). It is cheaper than growing the fruiting body and contains low levels of beneficial β -glucans.

NO FILLERS, NO CARRIERS, NO EXCIPIENTS



The highest standards of organic manufacturing are adhered to when preparing our mushroom extract powders. To create our extracts, we course grind the fresh fruit bodies and then employ two highly controlled hot water extraction processes (no alcohol used), extracting to a specified concentration ratio.

Importantly, we then use a patented membrane filtration process which allows the liquid concentrate to be spray-dried without using a carrier. We proudly use no fillers, carriers, or excipients. To prepare our whole mushroom powder we dry the fresh fruit bodies for up to 22 hours. We remove any impurities by hand and then granulate and mill. The powder is then steam sterilised.

WORTH KNOWING:

Other extract powders may contain a high percentage of maltodextrin (starch) due to the spray drying process used.



LABORATORY TESTED



All our mushroom extract powders are lab tested. This helps us guarantee the purity & authenticity of our product. To ensure they contain key active components we perform:

- + Thin Layer Chromatography for mushroom authentication, purity, and comparative profiling.
- + β -glucan analysis and measurement. The β -glucans of several mushroom species have been studied in considerable detail and the most predominant structural features have been identified. Recent studies have demonstrated that a key active component in mushrooms is β -glucan.
- + Heavy metals, pesticides, and microbiological contaminants testing.

Our laboratory testing procedure remains consistent for each batch we produce.

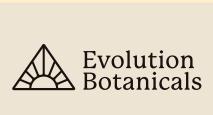
NOTE: Other producers may not maintain a rigorous, consistent test methodology resulting in low levels of active ingredients.

VIOLET GLASS JARS



We offer our premium extract powders in violet glass jars. These 300ml wide neck jars are specially designed to be 100% airtight with a patented cushion seal for lasting freshness.

The Biphotonic glass filters sunlight only allowing infra-red and UVA light through. This preserves the effectiveness of light sensitive powders. Most powders are also available in bulk resealable pouches.



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