

The background image for the top section shows two people performing a handstand outdoors. One person is wearing a white leotard and the other is in a dark, form-fitting outfit. They are positioned in front of a large, textured wall. The sky is a warm, golden-orange color, suggesting a sunset or sunrise. The overall mood is serene and focused.

Bodhi

HOLISTIC HUB

We're on a mission to make holistic health simple, trustworthy and accessible to all

Bodhi Holistic Hub started with a simple goal: empowering everyone to benefit from holistic practices

How do we do it? Thanks to our extensive research and vetting process, we bring together the best and most loved practitioners in your area and make it easy for you to find and book the one that is right for you.

[Learn more](#)



About us



Hi everyone, We are Helen and Pauline, founders of Bodhi Holistic Hub. We created this platform as a place for you to find trusted and reliable holistic practitioners without having to worry about the legitimacy or professionalism of their services.

We know it can be easy to feel overwhelmed by the variety of options, so we've also made it easy for you to filter practitioners based on location, specialty, and even their ability to address your specific health problem...

Whether you're looking for energy healing, natural medicine, spiritual counselling, or even past-life regression, here at Bodhi, we have you covered.

Use the code
MBS10 to unlock
10% off your first
booking

*valid only for 30 days post MBS festival, for
new bookers only

Our commitments



Extensive practitioners
vetting process



Secure & instant booking
and payment system



Flexible rescheduling &
cancellation options

What we offer

Bodhi Holistic Hub provides the information and tools to help you find & book the right holistic practitioner for your needs.

Every practitioner is carefully vetted, thoughtfully selected and a certified expert in their field so you'll only find the best and most gifted holistic providers.

Our vetted practitioners offer 100+ holistic modalities organised under 6 pillars



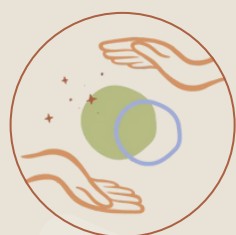
NATURAL MEDICINE

Ayurveda,
Naturopathy, TCM,
Chiropractic,...



FERTILITY & BIRTH

Doula, Hypnobirthing,
Acupuncture



ENERGY HEALING

Reiki, Crystal therapy,
Sound Healing,
Kinesiology,...



SELF CARE

Yoga, Meditation,
Sound Healing,
Mindfulness,...



COACHING & COUNSELING

Holistic Counselling,
Hypnotherapy,
Wellness Coaching,...



SPIRITUAL

PRACTICES

Shamanic Healing,
Past Life Regression,
Astrology,...

[Click Here](#)

to browse our community of holistic professionals

Come book your 20 min session at our stall A31

*\$20 per session

THURSDAY'S SCHEDULE

LORRAINE - 10-12AM

Lorraine is a multi-passionate individual driven by a deep passion for aiding others on their soul journey. She offers Spiritual & Life Coaching, Conscious Hypnosis, Energy Healing and many more.

SESSION OFFERED AT MBS

"Awaken Your Inner Guidance"

Unlock the power of your unique intuitive ability & tap into your innate wisdom.

[See her profile](#)

SALLY - 12-2PM

Sally is an energy psychology and wellbeing practitioner. She specializes in Emotional Freedom Techniques (EFT) Tapping, Eye Movement Desensitisation and Reprocessing (EMDR) and Reiki.

"The Energy Psychology Experience EFT"

Emotional Freedom Techniques to help you Let go & Live in Flow

[See her profile](#)

KRISTEN - 2-4PM

Kristen is a Psychic, Intuitive healer. I channel the Akashic Records which is an angelic library of consciousness that stores all events from the past + present + future.

"Intuitive & Akashic guidance"

Feel lighter with more ease and peace through the gift of intuitive & Akashic guidance

[See her profile](#)

SACHA - 4-6PM

Sacha is a Kinesiologist, Mind Body Medicine practitioner and Mindset coach, specialising in meditation and mindfulness practices.

"Mini Kinesiology Session"

Tap into what is lying under the subconscious mind to create balance physically, mentally and emotionally.

[See her profile](#)

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*\$20 per session

FRIDAY'S SCHEDULE



KIMBERLY - 10-12AM

Kimberly is an Energetic Nutrition coach & Energy Healing practitioner

. She supports people in balancing life energies by immersing themselves in energy medicine modalities,

SESSION OFFERED AT MBS

"5 Element nutrition & emotional health consult"

Learn about your predominant elemental constitution, and cultivating your energetic and emotional body.

[See her profile](#)



LYNNETTE - 12-2PM

Lynnette is an avid explorer of souls and a passionate soul coach. She's walked the path of healing herself, using every tool at her disposal—Reiki healing, Shamanic journeying, and Akashic record readings.

"Reiki Energy Clearing"

Checking in with any imbalances in the body and balancing with Reiki Energy Healing

[See her profile](#)



CHRISSIE - 2-4PM

She loves to help others reset our nervous systems and to connect using Yoga, Meditation & Breathwork and Naturopathy. She wants to go deeper and release old limiting beliefs and energy blocks holding us back from our true potential.

"Bodytalk/Reiki energy healing balance"

Checking in with any imbalances in the body and balancing with reiki and bodytalk techniques

[See her profile](#)



JILL - 4-7PM

Jill looks forward to looking after your well-being through Reflexology and Aromatherapy. Her approach to her treatments is highly holistic as she believes in the function of the body as a whole: Mind, Body and Spirit.

"Relax into your weekend with a feet or hand reflexology session"

Melt away stress and leave feeling refreshed and rejuvenated.

[See her profile](#)

Come book your 20 min session at our stall A31

*\$20 per session

SATURDAY'S SCHEDULE



TANIA - 10-12AM

Tania is a degree-qualified Naturopath and Iridologist, Marma Therapist, and Breathwork Trainer

She works closely with you, listening to your concerns to find the root cause. To handcraft the best treatment plan for you.



DOREEN - 12-2PM

She is a qualified Naturopath and a Reiki Energy Healer. Her nature is to work with people and to help them become the best versions of themselves. She loves the ability to enable her clients to gain greater awareness or understanding about themselves.



SARINA - 2-4PM

Sarina is a Clinical Women's Health Nutritionist (BHSc) and Clinical EFT Tapping Practitioner. She has a passion for helping women to deeply understand themselves and how they can work WITH their body, rather than against it.



AHIL - 4-6PM

Ahil is a Naturopath, Acupuncturist and Chinese Medicine Practitioner. He believes everyone has the right to feel good, and is here to help you take action and be your best on a physical and emotional level

SESSION OFFERED AT MBS

"Naturopathic Health Check"

Would you like to enhance your health or have a health concern you would like to discuss? Take advantage of a 20 minute check in to assess your vital signs and symptoms.

[See her profile](#)

"Naturopathic evaluation to help you on your health journey."

Are you uncertain about how normal your symptoms are? Doreen is here to steer you on a path to wellness. Unsure if your bowel movements are normal - She's here to help.

[See her profile](#)

"EFT Tapping- Emotional Freedom Technique"

A self led therapy that aims to release emotional blockages, reduce stress, and promote overall well-being through the stimulation of meridian points on the body

[See her profile](#)

"Traditional Chinese Medicine (TCM)

Pulse diagnosis"

Have your pulse taken to learn about any potential imbalances in the body and guidance on how to balance.

[See his profile](#)

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*\$20 per session

SUNDAY'S SCHEDULE



NATASHA - 10-12AM

She is a modern mystic and intuitive guide who offers empowerment through her offerings in Astrology, Animal Communication, Akashic records and Intuitive coaching. Merging ancient wisdom with a modern twist for your healing and spiritual journey



HOLLY - 12-2PM

Holly is a registered Traditional Chinese Medicine Practitioner and Relaxation Massage Therapist. Holly's treatment approach aims to create an environment where clients are invited to feel comfortable and calm.



ZOE - 2-4PM

Zoe holds a safe space for adults and kids through educating, facilitating and bringing you back to yourself. Releasing conscious and unconscious blocks with Kinesiology, Essences, Crystals and Energetic healing so your hearts open and you connect to your highest version.



KIRSTY - 4-6PM

Kirsty offers Energy healing sessions to release emotional blockages and trauma, identify limiting beliefs and self sabotaging behavior, improve mindset and empowering you to take back control of your life and find your purpose.

SESSION OFFERED AT MBS

"Release Trapped Emotions through intuitive healing"

Releasing trapped emotions through accessing your subconscious mind is a powerful and simple way to rid yourself of unseen baggage and open your heart and body to the positive energies of the world.

[See her profile](#)

"Qi Booster!"

Elevate your well-being with a personalized Q&A session & consultation led by Holly

[See her profile](#)

"Element Exploration & Balance"

Zoe will identify your birth constitution according to the 5 Elements, see how it influences you and balance your primary element. Includes emailed PDF of your birth constitution.

[See her profile](#)

"Reiki/Limiting Belief Breakthrough"

Identify one limiting belief, Kirsty will then use a combination of reiki and subconscious mind work to breakthrough and clear this from your body & mind

[See her profile](#)